### **DRTN Webinar: Lessons from the COVID-19 Pandemic**

Dr Rosie Manfield - Senior Research Fellow

Centre for Longitudinal Studies, University College London

Title: Examining the interrelationships between social isolation and loneliness and their correlates among older British adults before and during the COVID-19 lockdown: evidence from four British longitudinal studies

## Main study outputs

Mansfield, R., Di Gessa, G., Patel, K., McElroy, E., Wels, J., Henderson, M., Maddock, J., Stafford, J., Steptoe, A., Richards, M & Patalay, P. (2023). Examining the inter-relationships between social isolation and loneliness and their correlates among older British adults before and during the COVID-19 lockdown: evidence from four British longitudinal studies. Innovations in Aging, igad126. https://doi.org/10.1093/geroni/igad126

What Works Centre for Wellbeing (2023). Social isolation and loneliness in later life: learnings from the pandemic. Available from <a href="https://whatworkswellbeing.org/blog/social-isolation-and-loneliness-in-later-life-learnings-from-the-pandemic/">https://whatworkswellbeing.org/blog/social-isolation-and-loneliness-in-later-life-learnings-from-the-pandemic/</a>

https://whatworkswellbeing.org/projects/loneliness-across-the-life-course/

#### Other references

What Works Centre for Wellbeing. (2019). A conceptual review of loneliness across the adult life course (16+ years). Retrieved <a href="https://whatworkswellbeing.org/wp-content/uploads/2020/02/V3-FINAL-Loneliness-conceptual-review.pdf">https://whatworkswellbeing.org/wp-content/uploads/2020/02/V3-FINAL-Loneliness-conceptual-review.pdf</a>

d'Hombres, B., Barjaková, M., & Schnepf, S. V. (2021). *Loneliness and social isolation: an unequally shared burden in Europe*. Retrieved from <a href="https://docs.iza.org/dp14245.pdf">https://docs.iza.org/dp14245.pdf</a>

Coyle, C. E., & Dugan, E. (2012). Social isolation, loneliness and health among older adults. Journal of Aging and Health, 24(8), 1346–1363. https://doi.org/10.1177/0898264312460275

Golden, J., Conroy, R. M., Bruce, I., Denihan, A., Greene, E., Kirby, M., & Lawlor, B. A. (2009). Loneliness, social support networks, mood and wellbeing in community-dwelling elderly. International Journal of Geriatric Psychiatry, 24(7), 694–700. <a href="https://doi.org/10.1002/gps.2181">https://doi.org/10.1002/gps.2181</a>

Steptoe, A., Shankar, A., Demakakos, P., & Wardle, J. (2013). Social isolation, loneliness, and all-cause mortality in older men and women. Proceedings of the National Academy of Sciences of the United States of America, 110(15), 5797–5801. https://doi.org/10.1073/pnas.1219686110

Elliott, J., & Shepherd, P. (2006). Cohort profile: 1970 British Birth Cohort (BCS70). International Journal of Epidemiology, 35(4), 836–843. https://doi.org/10.1093/ije/dyl174

Kuh, D., Wong, A., Shah, I., Moore, A., Popham, M., Curran, P., Davis, D., Sharma, N., Richards, M., Stafford, M., Hardy, R., & Cooper, R. (2016). The MRC National Survey of Health and Development reaches age 70: Maintaining participation at older ages in a birth

cohort study. European Journal of Epidemiology, 31(11), 1135–1147. https://doi.org/10.1007/s10654-016-0217-8

Power, C., & Elliott, J. (2006). Cohort profile: 1958 British birth cohort (National Child Development Study). International Journal of Epidemiology, 35(1), 34–41. https://doi.org/10.1093/ije/dyi183

Steptoe, A., Breeze, E., Banks, J., & Nazroo, J. (2013). Cohort profile: The English Longitudinal Study of Ageing. International Journal of Epidemiology, 42(6), 1640–1648. https://doi.org/10.1093/ije/dys168

Sullivan, A., Brown, M., Hamer, M., & Ploubidis, G. B. (2022). Cohort profile update: The 1970 British Cohort Study (BCS70). International Journal of Epidemiology, 52, e179–e186. https://doi.org/10.1093/ije/dyac148

Wadsworth, M., Kuh, D., Richards, M., & Hardy, R. (2006). Cohort profile: The 1946 National Birth Cohort (MRC National Survey of Health and Development). International Journal of Epidemiology, 35(1), 49–54. <a href="https://doi.org/10.1093/ije/dyi201">https://doi.org/10.1093/ije/dyi201</a>

## Accessing CLS cohort data

Cohort	Link
NCDS	http://discover.ukdataservice.ac.uk/series/?sn=2000032
BCS70	http://discover.ukdataservice.ac.uk/series/?sn=200001

# Accessing MRC National Survey of Health and Development (NSHD, 1946) data

https://nshd.mrc.ac.uk/data-sharing/

https://www.ucl.ac.uk/cardiovascular/research/population-science-and-experimental-medicine/mrc-unit-lifelong-health-and-ageing-ucl/data

https://skylark.ucl.ac.uk/NSHD/doku.php?id=home

Accessing English Longitudinal Study of Ageing (ELSA) data

https://beta.ukdataservice.ac.uk/datacatalogue/series/series?id=200011