

*If you use this document for your own work please  
cite the **Inventing Adulthoods** study  
(<http://www.lsbu.ac.uk/inventingadulthoods>)*

### **Inventing Adulthoods: memorybook checklist**

**Id no.**.....

**Date**.....

**Photographed?** Y /N

**Content photographed**.....

**1) Overall style** (*Predominantly a diary? Scrapbook? Etc.*)

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**2) Content**

a) Event –based Y / N

b) Feelings – feeling based Y / N

c) People Y / N

d) Other

.....

e) Main

weighting.....

**3) Formats**

a) Own written text

Y / N

Hand [ ] Typed [ ] Machine-readable [ ]

b) Cuttings

Y / N

Text [ ] Image [ ]

c) Photos

Y / N

d) Cultural event memorabilia

Y / N

Type.....

.....

- e) Audio tapes Y / N  
Number:.....
- f) Videos Y / N Home [ ] Professional [ ] No.  
.....
- g) Letters/postcards received Y / N
- h) Drawings Y / N
- i) Other .....

**4) Frequency of entry and time-frame**

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**5) Volume** (rough guide to amount of material)

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**6) Areas of consent** (what are we NOT allowed to use?)

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**7) Critical moment?** Y / N

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**8) New process?** Y / N

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**9) Feedback** (*memorybook as process*)

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10) **Further notes** (*e.g. why NOT used, stuff taken out, what possible/not possible to use what for etc.*)

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